
Dominic O Brien Memory Books

Train your brain for peak performance, discover untapped memory powers, develop instant recall, and never forget names, faces, or numbers

The Mental Calculator's Handbook

You Can Learn to Remember

The Brilliant Memory Tool Kit

How to Develop a Brilliant Memory Toolkit

Learn to Remember

The Seven Sins of Memory

Change Your Thinking, Change Your Life

You Can Learn to Remember

Learn Life-Changing Techniques and Tips from the Memory Maestro

The Memory Book

Never Forget Names and Faces

You Can Have an Amazing Memory

Never Forget a Speech!

Practical Techniques and Exercises to Improve Your Memory

Remember, Remember

Quantum Memory Power

52 Proven Ways to Enhance Your Memory Skills

The Memory Code

Tips & Tools for Overclocking Your Brain

Learn to Improve Your Memory with the World Memory Champion!

Use Your Memory

The Victorious Mind: How to Master Memory, Meditation and Mental Well-Being

The Art Of Memory

How to Develop a Brilliant Memory Week by Week

The Classic Guide to Improving Your Memory at Work, at School, and at Play

Brilliant Speed Reading

Learn the Stuff You Thought You Never Could

52 Proven Ways to Enhance Your Memory Skills

Brilliant Ideas You Won't Forget

You Can Improve Your Memory

Whatever you need to read, however you want to read it - twice as quickly

How to Develop a Brilliant Memory Week by Week

Transform Your Memory Skills

Learn to Remember

The Amazing Memory Book

Learn to Remember

Tips, Tricks and Techniques to Boost Your Memory Power

How to Develop a Brilliant Memory Week by Week

STOUT MARIELA

Train your brain for peak performance, discover untapped memory powers, develop instant recall, and never forget names, faces, or numbers
G&D Media

A New York Times Notable Book: A psychologist's "gripping and thought-provoking" look at how and why our brains sometimes fail us (Steven Pinker, author of *How the Mind Works*). In this intriguing study, Harvard psychologist Daniel L. Schacter explores the memory miscues that occur in everyday life, placing them into seven categories: absent-mindedness, transience, blocking, misattribution, suggestibility, bias, and persistence. Illustrating these concepts with vivid examples—case studies, literary excerpts, experimental evidence, and accounts of highly visible news events such as the O. J. Simpson verdict, Bill Clinton's grand jury testimony, and the search for the Oklahoma City bomber—he also delves into striking new scientific research, giving us a glimpse of the fascinating neurology of memory and offering "insight into common malfunctions of

the mind" (USA Today). "Though memory failure can amount to little more than a mild annoyance, the consequences of misattribution in eyewitness testimony can be devastating, as can the consequences of suggestibility among preschool children and among adults with 'false memory syndrome' . . . Drawing upon recent neuroimaging research that allows a glimpse of the brain as it learns and remembers, Schacter guides his readers on a fascinating journey of the human mind." —Library Journal "Clear, entertaining and provocative . . . Encourages a new appreciation of the complexity and fragility of memory." —The Seattle Times "Should be required reading for police, lawyers, psychologists, and anyone else who wants to understand how memory can go terribly wrong." —The Atlanta Journal-Constitution "A fascinating journey through paths of memory, its open avenues and blind alleys . . . Lucid, engaging, and enjoyable." —Jerome Groopman, MD "Compelling in its science and its probing examination of everyday

life, *The Seven Sins of Memory* is also a delightful book, lively and clear." —Chicago Tribune Winner of the William James Book Award [The Mental Calculator's Handbook](#) HMH A complete practical system for improving your memory with a unique journey map and 50 flash cards packed with tips, techniques and mind-expanding tests In this highly original publishing package Dominic O'Brien reveals the secrets of mastering the art of memory and provides us with a basic tool kit for boosting our skills of memorization and recall. The kit consists of three components: a 88-page introduction to memory techniques that reveals the what, the why and the how of Dominic's proven methods; a pictorial memory journey map to be used in conjunction with the Journey Method, a basic and highly versatile memorization procedure that exploits the power of mental association to provide unforgettable cues for recall; and, lastly, a deck of 50 flash cards providing tips and techniques (and self-testing exercises) on one side, and, on the other, numbers and drawn objects to practise on,

using the journey map or other tricks of the trade described in the book. The key to improving your memory is two-fold: knowing the expert methods devised by one of the most retentive and focused brains in the world, and practising them until you see marked improvements in your performance. This toolkit is all you will need to train yourself to be a memory maestro.

[You Can Learn to Remember](#) Bbc Publications

In this easy-to-follow book you will learn simple, easy techniques and shortcuts to help enhance the power of your memory. From memorizing a speech or a simple shopping list to remembering peoples names and faces *You Can Train Your Brain to Remember* is an invaluable guide to help you train your brain for peak performance. The book includes: A simple overview to help you understand how your memory works. Techniques you can use to improve your memory, including visualisation, imagination and association. Specific methods such as Visual Pegs, the Story Method, the Journey Method, the

Number Shape, Mind Maps and Dominic's very own method as well as many others. Specific techniques for specific purposes which include, making a speech, keeping a date, remembering a name and reading and retaining. *You Can Train Your Brain to Remember* puts improved storage, retention and recollection within reach of us all.

[The Brilliant Memory Toolkit](#) Random House Digital, Inc.

A fun interactive kit containing all you need to supercharge your memory and maximize your powers of recall.

How to Develop a Brilliant Memory Toolkit Watkins Media Limited

Few would disagree that improving our memories can enrich our lives in countless little ways - from ensuring that we remember birthdays, anniversaries and appointments to having impressive facts and figures always at our fingertips; and from recalling names and faces to being able to speak in public without notes. This book is an expert course in memory enhancement, organized in 52 key lessons, complete with self-testing. Dominic O'Brien offers us tried and tested strategies and tips

that will expand your mental capacities at a realistic but impressive rate to make your memory bigger, better and sharper, week-by-week.

Learn to Remember Duncan Baird

Every single day we receive a huge amount of information to read and we're expected to make sense of it all more than ever before. With access to countless facts, figures and opinions at the touch of a button, it's easy to get lost in the constant flow of data. *Brilliant Speed Reading* shows you how to breeze through books, newspapers, textbooks, reports - whatever you need to read, however you want to read it. You will learn a simple yet powerful set of techniques that will build your reading speed, step by step, to at least double your current rate.

Everything you learn will be reinforced by exercises and tips to ensure you get the most out of your new reading skills. *Brilliant Speed Reading* is structured so you can easily measure, progress and consolidate your learning - you will be asked to time how long it takes to read each chapter and to record your speed on a chart at

the beginning. Each chapter has a quiz at the end to help cement knowledge and measure comprehension. Brilliant Outcomes · At least double your reading speed without loss of comprehension · Beat information overload at home and at work · Be able to read fast or slow - choose what works best for you

The Seven Sins of Memory
Chronicle Books

WOULD YOU LIKE TO HAVE A MEMORY LIKE GOOGLE? Have you tried the tricks other memory books teach and given up? Can you actually improve your memory? What does science say? Memory researcher Jeremy Genovese knows there's good news - science offers real help. A growing body of research has given us tools and techniques for REAL memory improvement. Unfortunately, most people are unaware of the science of peak memory. Dr. Genovese's book bridges that gap. Remembering Willie Nelson: The Science of Peak Memory introduces a number of ideas accepted by memory scientists, but largely unknown outside the laboratory. In easy-to-understand language, Dr. Genovese explains how

you can harness these ideas to dramatically improve your memory. What would a better memory mean for you? Better grades? A better income? Not forgetting someone's name? Remembering where you parked? What would a mind like Google mean to you?

[Change Your Thinking, Change Your Life](#) Signet
Kevin Horsley Broke a World Memory Record in 2013 and you're about to learn how to use his memory strategies to learn faster, be more productive, and achieve more success. With over 300,000 copies sold, *Unlimited Memory* is a Wall Street Journal Best Seller and has been the #1 memory book on Amazon for more than two years. It has been translated into more than a dozen languages including French, Chinese, Russian, Korean, Ukrainian, and Lithuanian. Most people never tap into 10% of their potential for memory. In *Unlimited Memory*, you'll learn how the world's best memory masters get themselves to concentrate at will, anytime they want. When you can easily focus and concentrate on the task at hand, and store and recall useful information, you

can easily double your productivity and eliminate wasted time, stress, and mistakes at work.

You Can Learn to Remember Duncan Baird Publishers

Learn quick and easy tips to remember numbers and dates based on Dominic's world beating methods! Never forget a birthday, anniversary, telephone or pin number again! This fun pocket sized gem will change the way you use your brain - and give you endless entertainment. Make your life easier with effortless recollection.

[Learn Life-Changing Techniques and Tips from the Memory Maestro](#)
Penguin

Having a good memory isn't just important in school or at work. It's essential to success in all areas of life. In this easy-to-follow title, readers will encounter straightforward techniques and shortcuts to help enhance the power of their memory. From memorizing a speech to remembering peoples' names and faces, this text is an invaluable resource on how to train the brain for peak performance. Included are simple techniques readers can use to improve memory as well as a variety of specific

methods recommended by experts. Improved storage, retention, and recollection are within anyone's reach with this informative guide.

The Memory Book

Watkins Media Limited

The potential of the human memory is phenomenal, and this updated edition explains techniques (including the author's mind mapping system) for improving the memory not only for names, numbers, dates and lists, but also for speeches, articles, poetry, and even whole books. It has sections for card players, and for people learning new languages and for those studying exams, as well as a chapter on capturing dreams.

Never Forget Names and Faces Watkins Media Limited

This unique and brilliant book is a history of human knowledge. Before the invention of printing, a trained memory was of vital importance. Based on a technique of impressing 'places' and 'images' on the mind, the ancient Greeks created an elaborate memory system which in turn was inherited by the Romans and passed into the European tradition, to be revived, in occult form,

during the Renaissance. Frances Yates sheds light on Dante's Divine Comedy, the form of the Shakespearian theatre and the history of ancient architecture; The Art of Memory is an invaluable contribution to aesthetics and psychology, and to the history of philosophy, of science and of literature.

You Can Have an Amazing Memory

Duncan Baird Publishers Kings and queens, British prime ministers, American presidents, countries of Europe... We should all know these things - but like me, you're probably resigned to being the kind of person that just never will. Now Grandmaster of Memory Ed Cooke offers up his memory secrets with a fun, quick and completely unforgettable way to remember the things you thought you never could. But this is no boring Willy, Willy, Harry, Ste. With Ed leading the way on unlikely adventures through people and places, Abraham Lincoln may become a circle of bra-wearing hams linking arms in your mind, and you may well encounter a fridge wearing Calvin Klein underpants. You could also soon find yourself rattling off the

prime ministers to a rapt audience and adding, in a knowing tone, 'ah yes, Marquess of Rockingham, Whig I believe?'. What is for sure is that you'll be bursting with knowledge that will stick in your mind and impress your friends for ever.

Never Forget a Speech!

Duncan Baird Publishers

Written by eight times

World Memory Champion,

Dominic O'Brien this book

is a complete course in memory enhancement.

Dominic takes you step-

by-step through an

ingenious program of

skills, introducing all his

tried and tested

techniques on which he

has built his triumphant

performances. Pacing the

course in line with his

expert understanding of

how the brain responds to

basic memory training,

Dominic offers strategies

and tips that will expand

your mental capacities at

a realistic but impressive

rate.

Practical Techniques and

Exercises to Improve Your

Memory You Can Learn to

Remember Change Your

Thinking, Change Your

Life

By targeting key brain

functions, this guide leads

readers through the

memory maze, beginning

with a detailed and clear

explanation of how memory works. Exercises are suggested to help readers train their memories to be more effective. 150 color images throughout. *Remember, Remember* Chartwell Books
 "Highly entertaining."
 —Adam Gopnik, *The New Yorker* "Funny, curious, erudite, and full of useful details about ancient techniques of training memory." —The Boston Globe
 The blockbuster phenomenon that charts an amazing journey of the mind while revolutionizing our concept of memory
 An instant bestseller that is poised to become a classic, *Moonwalking with Einstein* recounts Joshua Foer's yearlong quest to improve his memory under the tutelage of top "mental athletes." He draws on cutting-edge research, a surprising cultural history of remembering, and venerable tricks of the mentalist's trade to transform our understanding of human memory. From the United States Memory Championship to deep within the author's own mind, this is an electrifying work of

journalism that reminds us that, in every way that matters, we are the sum of our memories.
Quantum Memory Power
 Watkins Pub Limited
 "Tips & tools for overclocking your brain"--Cover.
52 Proven Ways to Enhance Your Memory Skills Lulu.com
 The Memory Arts is our most beautiful book to date. Full-color, with pictures on every page, this book details the simple, secret formula that will allow you to remember things better. This system, based on all the great pillars of mnemonics, was developed by husband and wife superteam Sarah and David Trustman. Apply the system to magic or everyday life. The choice is yours!
The Memory Code
 The Rosen Publishing Group, Inc
 Harry Lorayne, who has trained his own memory to the point where he is acclaimed as having the most phenomenal memory in the world, has written the most practical and lucid memory-training book ever. Now, at last, with the famous Lorayne Link-and-Peg System,

readers will be able to recall faces, names, appointments and anything else they need to acquire a winning edge.

Tips & Tools for Overclocking Your Brain Chronicle Books
 Dominic O'Brien, 8 times world memory champion's, quick and easy tips for remembering all important facts and figures as well as heaps of trivia know-how. What is the capital of Switzerland? How many sides does a dodecahedron have? When was Abraham Lincoln assassinated? Now you can impress the quiz team with your encyclopedic knowledge using quick and easy techniques provided by World Memory champion Dominic O'Brien in *Never Forget Facts and Figures*. Dominic provides for us in this innovative, fully-illustrated book, expert advice and simple tips to turn you into an instant trivia wizard or model student. The memory master explains how to install a mental filing system to retain facts and figures, and how to use visualisation, association and virtual journeys to ensure that nothing you memorise is ever lost.

Best Sellers - Books :

• [House Of Flame And Shadow \(crescent City, 3\)](#)

- [To Kill A Mockingbird By Harper Lee](#)
- [Demon Copperhead: A Pulitzer Prize Winner By Barbara Kingsolver](#)
- [A Court Of Frost And Starlight \(a Court Of Thorns And Roses, 4\) By Sarah J. Maas](#)
- [The Boy, The Mole, The Fox And The Horse By Charlie Mackesy](#)
- [To Kill A Mockingbird](#)
- [Tucker By Chadwick Moore](#)
- [Saved: A War Reporter's Mission To Make It Home](#)
- [Verity](#)
- [Iron Flame \(the Empyrean, 2\)](#)